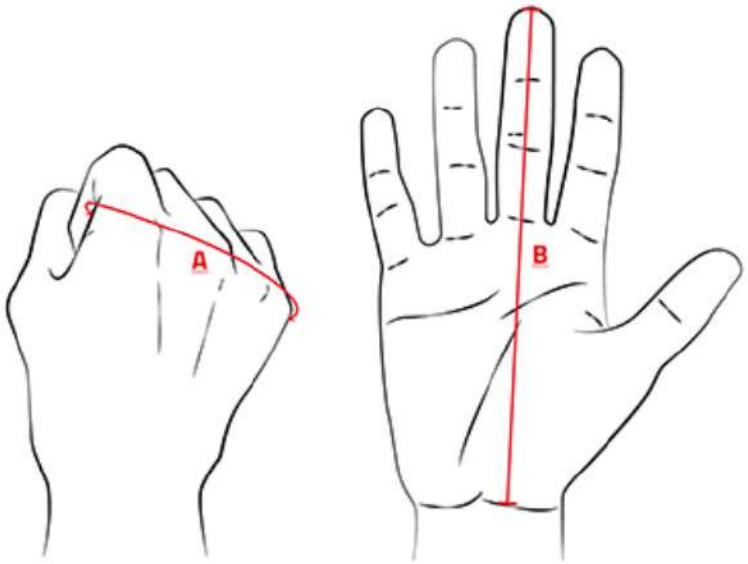
Knox Gloves



Palm Circumference (A): Palm circumference is the total measurement around the widest part of the palm and over the knuckles. Put the tape around your palm and make a fist, then note the measurement.

Hand Length (B): Measure from your wrist crease to the end of your middle finger. Measure your hand length and width and choose size the closest to your measurements. This should fit your hand correctly. If your hand fits one measure but not the 2nd, or if you prefer a looser fit, we would advise choosing the next size up.

Hand Size	XS	S	M	L	XL	XXL	XXXL
Palm Circumfrence (mm)	200	215	230	245	260	275	290
Hand Length (mm)	179	186	193	200	207	214	221

Knox Men's Upperbody Size Chart



Chest: Measure around the fullest part of your chest and your shoulder blades.

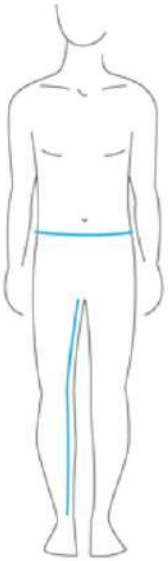
Waist: To work out your size, measure your waist in the position your trousers usually sit. As a guide this is roughly 2inches (approx 5-6cm) below your belly button.

Please note: The measurements given are body measures and we recommend you do not measure over the clothing. Also please hold the tape measure firmly and not loosely as the measurement needs to be fitted. If you measure in between sizes or at the top end of the size, we recommend you go up one size.

Urbane Pro MK3 note: THE URBANE PRO MK3 IS DESIGNED TO BE A CLOSE FITTING, STRONG ARMOURED SHIRT WITH STRETCH BUILT IN. HOWEVER, BASED ON CUSTOMER FEEDBACK, WE SUGGEST CUSTOMERS CHOOSE 1 SIZE BIGGER ON THIS PARTICULAR STYLE

Men's UK Size	Chest (Inches)	Chest (cm)	Waist (inches)	Waist (cm)
S	35-37	90-96	30	76
M	38-40	98-103	32	81
L	41-43	104-109	34	87
XL	44-46	110-115	36	92
2XL	46-48	116-121	38	97
3XL	48-50	122-127	40	102
4XL	50-52	128-134	42	107
5XL	52-54	135-141	44	112

Knox Men's Lower body Size Chart



Waist: To work out your size, measure your waist in the position your trousers usually sit. As a guide this is roughly 2 inches (Approx 5-6cm) below your belly button. Once you have this measure, minus 2 inches (Approx 5-6cm) from it to get your trouser size.

Inside Leg: Measure from the top of your inside leg down to your ankle. You should do this whilst standing to get a more accurate measure. We have 2 leg lengths for men, 33" (Regular) and 30" (Short Leg).

Please note: The measurements given are body measures and we recommend you do not measure over the clothing. Also please hold the tape measure firmly and not loosely as the measurement needs to be fitted.

Men's UK Size	Waist (inches)	Waist (cm)
S	30	76
M	32	81
L	34	87
XL	36	92
2XL	38	97
3XL	40	102
4XL	42	107
5XL	44	112

Knox Women's Upper body Size Chart



Waist: Measure around the natural waistline. This will usually be the smallest part.

Hip: Measure around the fullest part of your hips. As a guide, this is often 20cm below your waist.

Chest: Measure around the fullest part of your bust and your shoulder blades.

Please note: The measurements given are body measures and we recommend you do not measure over clothing. Also please hold the tape measure firmly and not loosely as the measurement needs to be fitted. Armoured shirts are designed to be fitted garments. If you measure in between sizes we recommend you select a size up. E.g if you measure 85cm bust, go to 87cm.

Urbane Pro MK3 note: THE URBANE PRO MK3 IS DESIGNED TO BE A CLOSE FITTING, STRONG ARMOURED SHIRT WITH STRETCH BUILT IN. HOWEVER, BASED ON CUSTOMER FEEDBACK, WE SUGGEST CUSTOMERS CHOOSE 1 SIZE BIGGER ON THIS PARTICULAR STYLE

Women's UK Sizes	International Size	Bust (inches)	Bust (cm)	Waist (inches)	Waist (cm)	Hip (inches)	Hip (cm)
8	XS	33	83	25	64	35.5	90
10	S	35	87	27	69	37.5	95
12	M	37	92	29	74	39.5	100
14	L	39	97	31	79	41.5	105
16	XL	41	102	33	84	43.5	110
18	2XL	43	107	35	89	45.5	115
20	3XL	45	112	37	94	47.5	120

Knox Women's Lower body Size Chart



Waist: Measure around the natural waistline. This will usually be the smallest part.

Hip: Measure around the fullest part of your hips. As a guide this is often 7.5inches (approx 20cm) below your waist.

Inside Leg: Measure from the top of your inside leg down to your ankle. You should do this whilst standing to get a more accurate measure. We have 2 leg lengths for women, 30" (Regular) and 28" (Short Leg).

Please note: The measurements given are body measures and we recommend you do not measure over the clothing. Also please hold the tape measure firmly and not loosely as the measurement needs to be fitted. If you measure in between sizes, we recommend you go down one size. E.g. measure waist 27inches, go down to 26inches.

Women's UK Sizes	International Size	Waist (inches)	Waist (cm)	Hip (inches)	Hip (cm)
8	XS	25	64	35.5	90
10	S	27	69	37.5	95
12	M	29	74	39.5	100
14	L	31	79	41.5	105
16	XL	33	84	43.5	110
18	2XL	35	89	45.5	115
20	3XL	37	94	47.5	120

UK/AU/NZ	FR/BE/ES/PT	DE/AT/NL/SE/DK/CH/NO	US	Japan
8	36	34	4	9
10	38	36	6	11
12	40	38	8	13
14	42	40	10	15
16	44	42	12	17
18	46	44	14	19
20	48	46	16	21